

**The Cubs Mini-Camp features:**

Position-specific instruction on techniques for:

- ≈ Offensive and Defensive Linemen
- ≈ Linebackers and Defensive Backs
- ≈ Offensive Backs, Quarterbacks, and Receivers
- ≈ Special Teams players, including punters, kickers, and kick returners

Review of speed drills and running techniques

Guest speaker presentations

Skills-related contests (by age)

**Goals of the Camp:**

Teach/improve player fundamentals

Improve self-confidence and esteem

HAVE FUN, FUN, FUN!!!

Registration/payments for Camp can be:

- Mailed to the Cubs' PO Box, or
- dropped off at the next Cub's registration (check the website for details )  
[www.hawthornecubs.org](http://www.hawthornecubs.org)

Sorry, no registration forms will be accepted without payment of the camp tuition.



**CAMP CO-DIRECTORS:**

**Paul Charles**

**Chris Deitrich**

**FOR MORE INFORMATION,  
CONTACT:**

Paul Charles at 973-583-7653

or

Chris Deitrich at 201-424-7952



**HAWTHORNE CUBS**

PO Box 114  
Hawthorne, NJ 07507  
[hawthornecubs@yahoo.com](mailto:hawthornecubs@yahoo.com)  
[www.hawthornecubs.org](http://www.hawthornecubs.org)

NOTE: Rain date is Friday,  
July 16 —if any camp  
evenings are rained out

**6th ANNUAL  
HAWTHORNE CUBS  
FOOTBALL  
MINI-CAMP**

**July 13<sup>th</sup>, 14<sup>th</sup>, and 15<sup>th</sup>**

*(Tuesday-Wednesday-Thursday)*

**5:30-8:00 pm each evening**

all sessions held at:

**CUBS FRANKLIN FIELD**

Franklin Avenue, Hawthorne  
(next to Hawthorne Boys and Girls Club)

**Entering Grades 2-8 are eligible to attend**



*The Hawthorne Cubs Football Mini-Camp  
is designed to teach football fundamentals  
to youngsters in a friendly, fun  
atmosphere with an emphasis on teaching  
basic skills but also supporting more  
advanced athletes.*

## Camp Details

**Camp tuition is \$30. Tuition is \$35 for any forms received after June 30<sup>th</sup>.**

**This is a non-contact football camp.**

**Insurance and t-shirt included in tuition.**

**Players should wear athletic shorts, cleats\*, comfortable T-shirt, and bring a small towel if necessary.**

**Eligible attendees: Hawthorne residents entering 2<sup>nd</sup> through 8<sup>th</sup> grades (as of September 2010)**

**Coaching staff is comprised of Cubs coaches and selected guest instructors**

**Low player to coach ratio results in more focused attention to each camper**

**On-site trainer for entire camp**

**Special instruction on running mechanics and drills to enhance player speed**

**Players will be divided as follows:**

- Grades 2-4 (Mighty Mite & Pee Wee)
- Grades 5-6 (Junior)
- Grades 7-8 (Senior)

\* Parents: If you have them already, other sport cleats (soccer, baseball) are perfectly acceptable...don't feel you have to buy football cleats just for the Cubs camp. Just make sure that the cleat bottoms are molded cleats (not metal or 'screw-in' cleats).

Name: \_\_\_\_\_

Birth Date \_\_\_\_\_ Grade (Sept 2010) \_\_\_\_\_

Desired position for camp: \_\_\_\_\_  
(only grades 2 through 8 are eligible to attend)

### T-Shirt Size (circle one):

**Adult:** Small Medium Large X-Large

**Youth** Small Medium Large

Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

e-mail address \_\_\_\_\_

Phone Number: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

### EARLY REGISTRATION DEADLINE:

**JUNE 30 (\$30.00)**

**AFTER JUNE 30, COST IS \$35.00  
RETURN FORM/CHECK TO:**

**HAWTHORNE CUBS**

**PO BOX 114 HAWTHORNE, NJ 07507**

**WE DON'T WANT TO DISAPPOINT,  
BUT ANY REGISTRATIONS RECEIVED  
AFTER JUNE 30<sup>TH</sup> CANNOT BE  
GUARANTEED A CAMP T-SHIRT OR  
OTHER GIVEAWAY.**

**PLEASE NOTIFY YOUR CHILD.**

### WAIVER AND RELEASE

I hereby give my consent and approval for participation in the Hawthorne Cubs Football Mini-camp by the named applicant. I attest that I am the legal guardian or parent of the child named

in the application. Further, by signing below, I do hereby waive, release and forever discharge the Hawthorne Cubs Football Association, its staff and personnel, officers, agents, representatives, or vendors from any and all claims for damages resulting from an accident, injury, loss of personal property or well-being during the camp, including activities to or from the camp and location.

AS PARENT/GUARDIAN OF THE CHILD NAMED IN THE APPLICATION, I HEREBY AUTHORIZE THE COACHES AND/OR STAFF TO ACT ON MY BEHALF SHOULD I BE UNAVAILABLE TO GIVE CONSENT FOR MEDICAL TREATMENT, INCLUDING EMERGENCY TREATMENT. I FURTHER RELEASE THE HAWTHORNE CUBS FROM ANY LIABILITY WHATSOEVER ARISING FROM EXERCISE OF AUTHORITY GIVEN HERE.

HAS THE CAMPER BEEN PROPERLY IMMUNIZED? Y\_\_ N\_\_

ARE YOU AWARE OF ANY PHYSICAL OR EMOTIONAL CONDITIONS THAT MIGHT IMPACT THE CAMPER'S ABILITIES OR HEALTH IN PERFORMANCE?

Yes\_\_ No\_\_ If Yes, please describe:

Parent/Guardian Signature:

Print Guardian Name:

## REGISTRATION

Tear application form here and return to the Cubs